

## **A forthcoming paper:**

### **Is a Physical Activity Transaction (PAT) data management / exchange process, a sustainable concept?**

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#### **Abstract:**

A future forthcoming paper is to be investigated and researched on whether a Physical Activity Transaction (PAT) data management / exchange process is a sustainable concept? However 1<sup>st</sup> of, it has to be explained briefly, what is a Physical Activity Transaction (PAT) Data Management / Exchange process? This is defined as a process whereby, an individual does some form of physical activity and thus gains points or code for those physical activity actions and thus in turn, an individual can then exchange / transact their points / codes for some form of reward within a business / community context (*Evans, 2012, p.1*). Indeed it will be suggested in the forthcoming paper that it's via a (PAT) process, that both an individual and the earth can become sustainable within its evolutionary process. This is because; a (PAT) process has many advantages, which can help both an individual and the earth, become sustainable. For instance, a (PAT) process can help eliminate climate change scenarios, from developing within our world at present. While a (PAT) process can also help alleviate, obesity issues, engage community safety concerns, and enhance mental health / well-being concepts within our world, at present. This proposition, will discuss the many benefits of a (PAT) process in detail. While also investigating who and what is involved, for a (PAT) process to become successful, in attaining a sustainable outcome, for both individuals and the earth.

#### **References:**

Evans, P, 2012, Eco Crediz – Physical Activity Report - Murdoch University Sustainability Project – 2012, retrieved from , <http://www.echocredits.org/downloads>, on 11/03/2015.